



Northern LightSM

Eastern Maine Medical Center

Champion the Cure Challenge

75 Mile Bicycle Route*

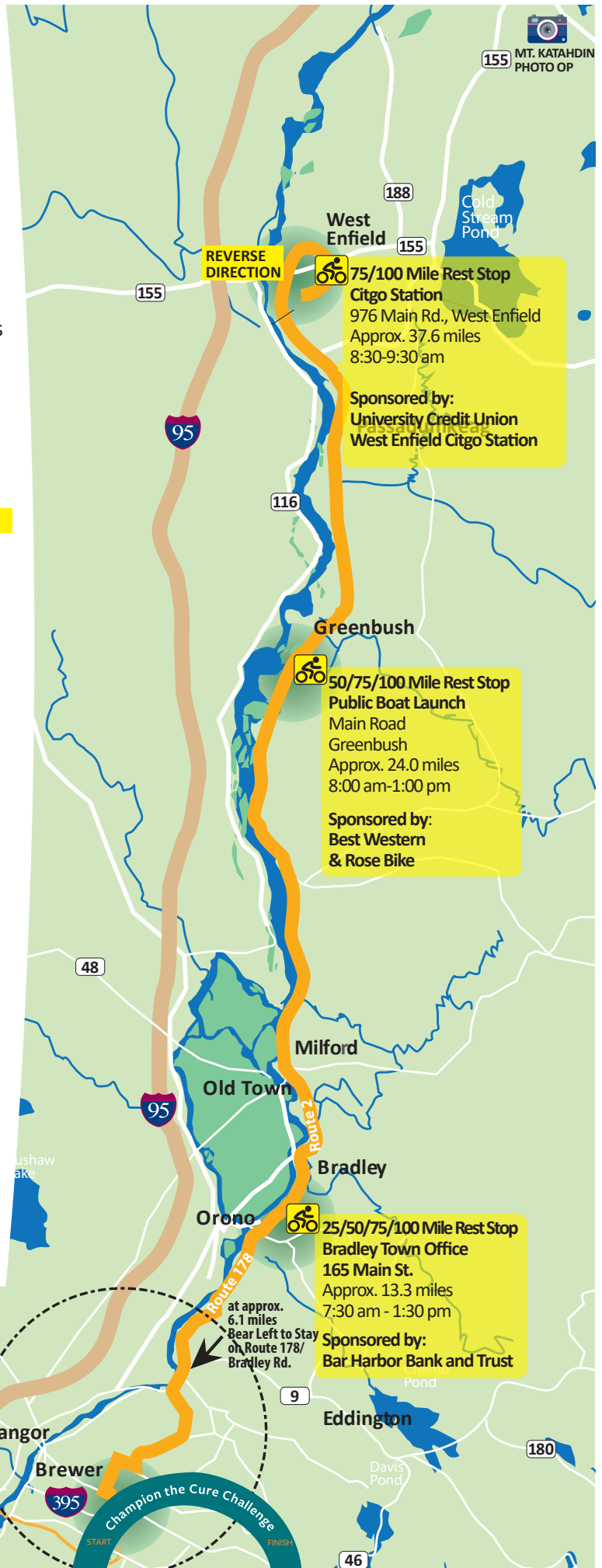
1. Turn left onto Dirigo Drive 0.1 miles
2. Turn Right onto Sparks Avenue (Go through light, becomes Pierce Avenue) 0.6 miles
3. Turn Right onto Eastern Avenue 1.9 miles
4. Turn Left onto Lambert Road 2.3 miles
5. Turn Left onto Day Road 3.4 miles
6. Turn right onto Route 178/9 5.0 miles
7. 12 Mile Rest Stop and Turnaround at North Brewer Eddington United Methodist Church
8. Turn right onto Route 9 leaving rest stop
9. Turn slight left on Route 178 6.1 miles
10. Rest Stop at Bradley Town Office 13.3 miles
11. Take Right onto Route 2 at light (RR crossing) 15.2 miles
12. Rest Stop Greenbush Boat Launch 24 miles
13. Continue North on Route 2 toward Lincoln
14. Rest Stop West Enfield Citgo Station 37.6 miles
MAKE TURN AROUND TO RETURN HERE
15. Continue South on Route 2
16. Rest Stop Greenbush Boat Launch 51.4 miles
17. Turn Right onto Route 178
18. Rest Stop Bradley Town Office 62.1 miles
19. Turn Right onto Route 178 which turns into Route 9 toward Brewer
20. Turn Left onto Day Road 72 miles
21. Turn Right onto Lambert Road 73.1 miles
22. Turn Right onto Eastern Avenue 73.5 miles
23. Turn Right onto Pierce Road 74.8 miles
24. Turn Left onto Dirigo Drive 74.9 miles
25. Turn Right onto Whiting Hill Road
26. Arrive at Finish 75 miles

*All mileage approximate

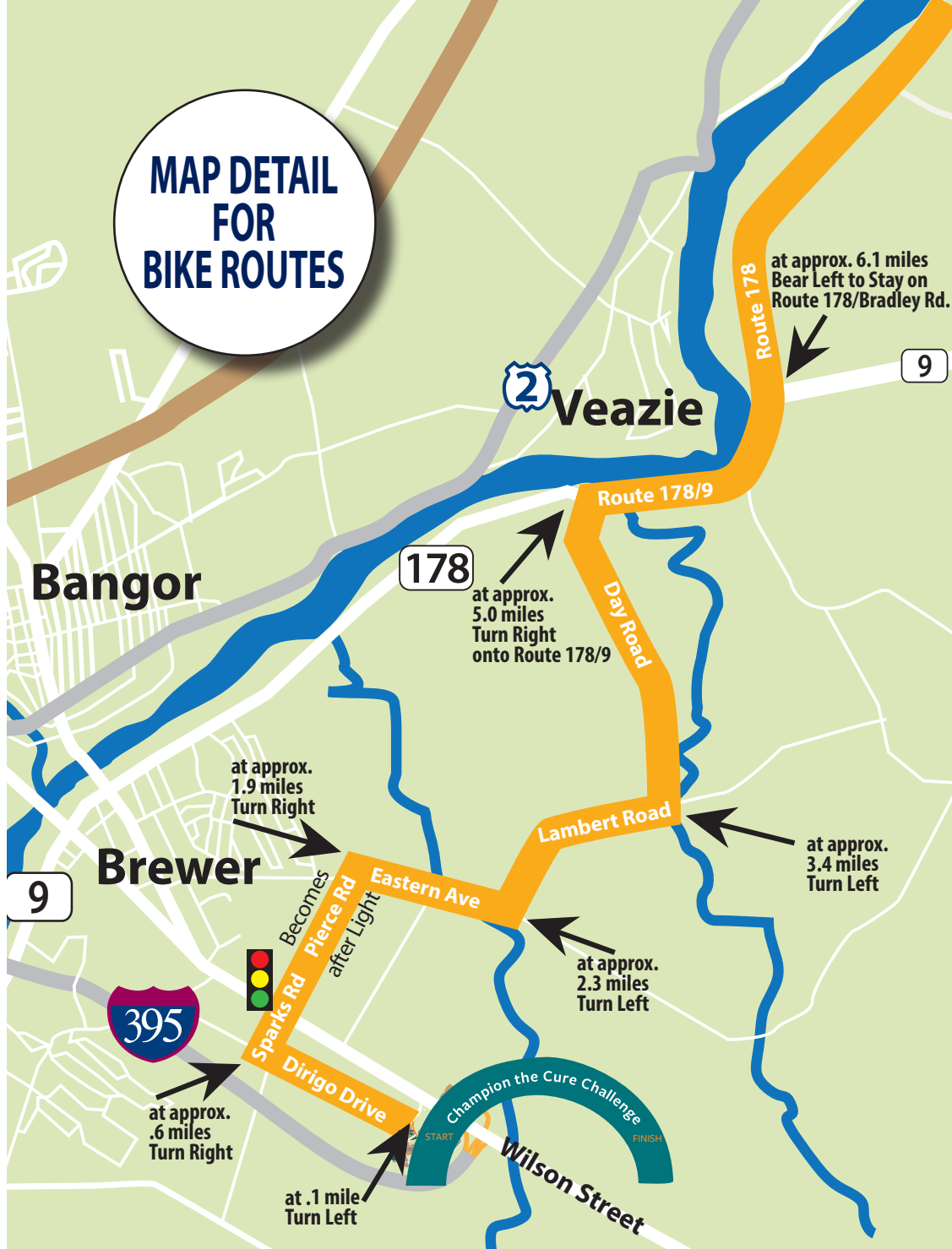
Safety Information

In case of emergency, call 911.

For en route support, call 207.356.6050.



MAP DETAIL FOR BIKE ROUTES



www.strava.com
The Social Network for Athletes

Connect with friends and make the most of every run and ride

Q What is Strava?
A It is the social network for athletes. Millions of cyclists from all over the world use Strava to track their performance and connect with each other.

Q How does a Strava segment work for the Challenge?
A Participants are invited to participate in a friendly competition using the Strava mobile app.

iPhone: <http://itunes.apple.com/us/app/strava-cycling/id426826309?mt=8>
Android: https://market.android.com/details?id=com.strava&feature=search_result
Web: <http://www.strava.com/>

Participants will compete for Challenge prizes which are awarded to the fastest male and female athlete combined time over two segments. Additional prizes will be awarded at random to all those that participate in the Strava segments.

Many CTCC Riders Competed on Strava in 2019!

- Champion the Cure Challenge 2019 Segment 1: <https://www.strava.com/segments/15585664>
- Champion the Cure Challenge 2019 Segment 2: <https://www.strava.com/segments/15585678>
- Champion the Cure Challenge 2019 Segment 3: <https://www.strava.com/segments/15585684>

Champion the Cure Challenge
ctchallenge.org
 207.973.5055

Bike Support:



Rest Stop Sponsors:



Each rest stop will have a bike shop available to assist riders. In case of emergency, please dial 911.

